

| Weight Class | Team | First Name | Last Name | Grade | Wrestler Id | Actual Weight |
|--------------|-----------------|------------|------------|-------|-------------|---------------|
| 145 | Boiling Springs | Logan | Wall | 12 | 947 | 146 |
| 145 | Bullis | Kesi | Tsarni | 10 | 2457 | 143 |
| 145 | Canon McMillan | Alaya | Henderson | 12 | 1967 | 145 |
| 145 | Chestnut Ridge | Violette | Lasure | 11 | 1946 | 145 |
| 145 | Courtland | Chloe | Boseman | 12 | 2308 | 139 |
| 145 | Immaculata | Taylor | Thiele | 10 | 1935 | 145 |
| 145 | Kings Fork | Hayden | Mayo | 12 | 1955 | 145 |
| 145 | Mt Lebanon | Paige | Jox | 12 | 2422 | 145 |
| 145 | Neshaminy | Annetta | Barry | 12 | 2321 | 145 |
| 145 | New Bern | Faith | Bane | 12 | 2580 | 145 |
| 145 | Senaca Valley | Kaeleigh | Tuell | 10 | 1214 | 145 |
| 145 | Somerville | Anshul | Kumar | 12 | 1536 | 146 |
| 145 | South Brunswick | Isabella | Biviano | 11 | 2328 | 141 |
| 145 | St George's | Addison | Weismiller | 11 | 2477 | 141 |
| 145 | Sun Valley | Jameson | Strickland | 11 | 2505 | 145 |
| 145 | Washington | Charlotte | Kershisnik | 12 | 793 | 145 |

